

**MAINE PRINCIPALS' ASSOCIATION**  
50 INDUSTRIAL DRIVE - AUGUSTA, MAINE 04330  
207/622-0217

**CALL TO MEETING**

Committee: Sports Medicine

Date: Wednesday, August 8, 2018

Time: 8:00 a.m.

Place: MPA

**PLEASE NOTIFY THE MPA OFFICE IF YOU ARE UNABLE TO ATTEND.**  
PLEASE SHARE RIDES WHEN POSSIBLE.

**AGENDA**

1. Approve Minutes of March 6, 2018
2. Individual Sport Committee Discussion
  - a. Fall Sport Committees
    - i. Football
    - ii. Soccer
      1. Preseason Guidelines – Acclimatization
      2. Mouthguards – Practices & Pregame
    - iii. Field Hockey
      1. Review of Acclimatization for Goalies
      2. Goggles & Mouthguards– Practices & Pregame
    - iv. Cross Country
    - v. Golf
    - vi. Volleyball
  - b. Baseball/Softball
    - i. Batting Helmets – Practice & Pregame
    - ii. Pitch Count Rule Review
    - iii. Protective Screens in Front of Dugout
  - c. Wrestling
    - i. Skin Infections
3. Correspondence
4. NFHS Sports Medicine Summit Update
5. Return to Play/Learn
  - i. Results from NFHS Survey
6. MCMI Concussion Update
7. AED's in Schools
8. Other
9. Next Meeting Date
10. Adjournment

**E-mailed on July 27, 2018 to:**

Molly Bishop, Oceanside High School, Rockland  
Charles Brown, Mount View Elementary School  
Don Fournier, St. Dominic Academy, Auburn  
Tim Smith, Foxcroft Academy  
Tim Spear, Gorham High School

**Liaisons:**

Emily Poland, Maine DOE  
Dr. William Heinz  
Dr. Chris Lutrzykowski, MaineGeneral  
Ryan, John  
Chris Sementelli, MaineGeneral