

2011-2012 MPA SKI BULLETIN

(updated 12/21/11)

SKI SEASON

November 28, 2011	First Practice
December 16, 2011	First Regular Season Meet (After 3 p.m.)
February 20-22, 2012	Class C at Mt. Abram and Black Mountain
February 21-23, 2012	Class B at Big Rock and The Heritage Center
February 22-24, 2012	Class A at Black Mountain
March 11, 2012	End of 2011-2012 Ski Sport Season

TERMS AND CONDITIONS

The Terms and Conditions of this bulletin and the MPA Ski Rule Book shall govern all **regular season** and tournament competition.

STATE CHAMPIONSHIP

A "Four Event" Team Champion will be recognized in each class. Individual Skimeister champions will be recognized.

ENTRY FORMS

Copies of the Entry Form must be received at the MPA office, ALPINE AND NORDIC SITE, by the day specified for each class. All inquiries regarding the management of the meets are to be made to the appropriate Meet Coordinator. *Coaches must list athletes who are Skimeister candidates.*

MEET INFORMATION

1. All championship skiing competitions shall be governed by the Maine Interscholastic Skiing Rules, as amended, and this bulletin. (Rules can be found on the MPA web site at www.mpa.cc.)
2. Based on the availability of venues at this year's championships, the scheduled has been modified.

Monday – February 20, 2012

1:30 p.m.	Class C	Classical	Girls	Black Mountain
3:00 p.m.	Class C	Classical	Boys	Black Mountain

Tuesday – February 21, 2012

9:00 a.m.	Class C	Giant Slalom	Girls	Mt. Abram
10:45 a.m.	Class C	Giant Slalom	Boys	Mt. Abram
3:00 p.m.	Class C	Freestyle	Girls	Black Mountain
4:00 p.m.	Class C	Freestyle	Boys	Black Mountain

Wednesday – February 22, 2012

9:30 a.m.	Class C	Slalom	Girls	Mt. Abram
12:45 p.m.	Class C	Slalom	Boys	Mt. Abram
1:30 p.m.	Class A	Classical	Girls	Black Mountain
3:00 p.m.	Class A	Classical	Boys	Black Mountain

Thursday – February 23, 2012

9:00 a.m.	Class A	Giant Slalom	Girls	Black Mountain
10:45 a.m.	Class A	Giant Slalom	Boys	Black Mountain
3:00 p.m.	Class A	Freestyle	Girls	Black Mountain
4:00 p.m.	Class A	Freestyle	Boys	Black Mountain

Friday – February 24, 2012

9:30 a.m.	Class A	Slalom	Girls	Black Mountain
12:45 p.m.	Class A	Slalom	Boys	Black Mountain

CLASS B CHAMPIONSHIPS

Tuesday – February 21, 2012

9:00 a.m.	Class B	Giant Slalom	Girls	Big Rock
10:45 a.m.	Class B	Giant Slalom	Boys	Big Rock
3:00 p.m.	Class B	Freestyle	Girls	The Heritage Center
4:00 p.m.	Class B	Freestyle	Boys	The Heritage Center

Wednesday – February 22, 2012

9:30 a.m.	Class B	Slalom	Girls	Big Rock
12:45 p.m.	Class B	Slalom	Boys	Big Rock

Thursday – February 23, 2012

9:00 a.m.	Class B	Classical	Girls	The Heritage Center
11:00 a.m.	Class B	Classical	Boys	The Heritage Center

ALL REGULATIONS AS DETERMINED BY THE MPA SKI COMMITTEE RELATED TO SAFETY AND SPORTSMANSHIP SHALL BE ENFORCED IN ALL REGULAR SEASON SKI MEETS INVOLVING MPA MEMBER SCHOOLS.

3. Teams competing for the “Four Event” Championship shall consist of no more than eighteen members.
4. In order for a competitor to participate in the state meet, a competitor must have competed in a minimum of one event of the discipline he/she is entered. A medical appeal must be submitted to the committee chair two weeks in advance of the state meet.
5. An individual competitor from a school not sponsoring a ski team may be entered providing the entrant’s school has established a cooperative team agreement with another school; he/she must participate on a daily basis with the cooperative team. Individual entrants must use the standard entry form and entry application which must include a coach who meets the MPA coaches' eligibility standards and accompanies the athlete to the meet.
6. No school team may be entered in the team competition unless the school has sponsored a school team which has competed in interscholastic meets during the current season.
7. Teams/skiers entered in the Giant Slalom and Slalom races are REQUIRED to wear undamaged hardshell helmets.
8. All coaches, including volunteers, must meet MPA Coaches' Eligibility Standards to be working with athletes at all MPA ski meets. **Each coach must complete the NFHS “Concussion in Sport – What You Need to Know” video that is available at the NFHS website (www.nfhslearn.com).*
9. Coaches meeting eligibility standards, parents, and athletes may wax skis at meets

BONA FIDE TEAM RULE

A member of a school team is a student athlete who is regularly present for and actively participates in team practices and competitions. Bona fide members of a school team are prevented from missing high school practice or competition to compete or practice elsewhere.

* A single waiver per student athlete per sport season may be granted by the principal on a case-by-case basis for extraordinary circumstances. (e.g. If a student/athlete were invited to participate in a prestigious weekend event then a waiver may be granted. If a student/athlete were invited to participate in a nationally recognized tournament over a school vacation then **that** waiver may be granted for that activity. If a student requests to miss practice every Friday because he/she is receiving specialized coaching from an outside team/coach, then a waiver should not be granted **because it violates the spirit and intent of the rule.**)

** This policy is not intended to restrict dual sport participation in schools that allow dual participation.

*** Penalty for violation of this policy:
1st Violation Report violation to MPA office, suspension from play for one
game/contest
2nd Violation Report violation to MPA office, removal from team for
remainder of season
(Effective Date: 2011 Fall Sport Season)

FEES

Entry fees for the 2012 state meets will be \$375/team and \$125/individual. ALL FEES MUST
BE PAID TO THE MPA PRIOR TO THE EVENT.

SKI CLASSIFICATION

<u>CLASS A</u> <u>675+</u>	<u>CLASS B</u> <u>500-674</u>	<u>CLASS C</u> <u>0-499</u>
Bangor*	Belfast*	Ashland
Biddeford*	Camden Hills	Boothbay
Cheverus (15)	Cape Elizabeth	Central Aroostook
Deering*	Caribou	Dirigo
Edward Little	Gray-New Gloucester	Fort Fairfield
Falmouth (15)	Kents Hill*	Fort Kent
Fryeburg (15)	Lake Region	Foxcroft*
Gorham	Maranacook (14)	Freeport
Greely	Mt. Abram (13)	Greenville
Hampden	Presque Isle	John Bapst
Kennebunk	Spruce Mountain	Katahdin*
Leavitt (15)	Waterville*	Lee
Lewiston*	Yarmouth (15)	Madawaska
Marshwood		Maine Central*
McAuley*		Mattanawcook
Mt. Ararat		Merriconeag
Mt. Blue		Monmouth
Oxford Hills		Mountain Valley
Portland*		North Yarmouth
Scarborough		Orono
Skowhegan		Piscataquis*
Thornton*		St. Domiic*
Windham		Telstar
		Waynflete
		Winthrop
		Wisdom*

*Denotes Individuals