A meeting of the Sports Medicine Committee was held on Monday, March 4, 2019 at 8:00 a.m. at the MPA office.

**MEMBERS PRESENT:** Molly Bishop, Tim Smith, and Tim Spear.

**MEMBERS ABSENT:** Charles Brown and Don Fournier.

**LIAISONS PRESENT:** Dr. William Heinz, John Ryan, and Chris Sementelli.

**LIAISONS ABSENT:** Dr. Chris Lutrzykowski and Emily Poland.

**STAFF PRESENT:** Michael Burnham.

**APPROVAL OF MINUTES:** On a MOTION by Smith/Ryan, the minutes of the October 29, 2018 meeting were UNANIMOUSLY APPROVED.

**CORRESPONDENCE:** The Sports Medicine correspondence was reviewed and placed on file.

**KSI UPDATE:** Rebecca Stearns, KSI, updated the committee on the following topics:

- **New Initiative:** KSI is looking to create a support for state health and safety initiatives using a customized approach.

- **Collaborative Solutions:** The NFL and the NATA are using a cooperative approach to serve as a reference and resource for all stakeholders.

- **EMS Protocols:** Discussed the need for universal protocols to be in place to assist schools with addressing key issues.

- **Future Work:** KSI would welcome the opportunity to work with the MPA Sports Medicine Committee at a full day workshop to assist in developing policies to be used in Maine.

**DOE CONCUSSION WORKGROUPS:** The DOE has invited the members of the original workgroup to come back to review and revise the current concussion policy.

**LEGISLATIVE BILL:** There has been a bill introduced that would create a task force to look at an appropriate age to start tackle football. The date of the hearing has not yet been announced.

**MEDICAL TIME-OUT:** Mr. Ryan discussed the possibility of adding a “Medical Time-Out” prior to the start of an athletic contest. This item will be placed on the next agenda.

**INDIVIDUAL SPORT COMMITTEE DISCUSSION:** There were not any concerns brought forward by any of the individual sports committees.
OVERUSE INJURIES: Tabled to the next meeting.

AED’S IN SCHOOLS: Discussed the possibility of additional AED’s being provided to the MPA to assure there is an AED available in every school.

AGENDA ITEMS FOR NEXT MEETING:

- KSI Meeting
- DOE Update
- LD 711 Update
- Medical Time-Outs
- Overuse Injuries

NEXT MEETING DATE: The next meeting date of the Sports Medicine Committee will be on Wednesday, August 14, 2019 at 10:00 a.m. at the MPA office.

ADJOURNMENT: On a MOTION by Bishop/Smith, and VOTED UNANIMOUSLY, the meeting adjourned at 11:18 a.m.

Respectfully submitted,

Michael R. Burnham
Assistant Executive Director

/tjm
4/22/19